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The Most Important Notes of Acupuncture -- Part IV

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In this final installment of "The Most Important Notes of Acupuncture," take particular note of the two meridians illustrated here, namely the "conception" and "governing vessel."

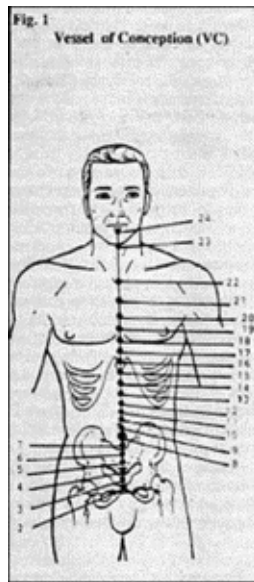
These two meridians have an extremely important significance to acupuncture and are generally classified as "extra" meridians, even though they comprise the totality of the meridian system.

Energy enters the body, according to ancient philosophy, at the CV8 point (Shrine of God), and leaves the body at death through the same point. It is of extreme importance especially in any neurologic disorder, primarily of children, and is considered forbidden to the needle. The classics of acupuncture suggest filling the navel with salt, covering the salt with a thin slice of ginger, and burning a moxa cone (concentrated herbs) over the point. In my experience I find laser light to have an extremely significant benefit.

In an earlier article in *Dynamic Chiropractic*, Feb. 1, 1989, titled "Did D.D. Palmer Understand Acupuncture?" I discussed the "Mei Hua" system of acupuncture in which the governing vessel (number seven point located between T10-11) and a secondary point (between T11-12) are always used prior to general stimulation of the spinous and transverse processes of the vertebral level of the involvement in any condition. This system is generally only used by "masters" and carries with it an extremely high success rate.

Please study the notes shared with you concerning these two most important meridians and generally review all of the meridians on a weekly basis. We are now ready to begin 1991 with an academic approach to acupuncture, which will affect your practice in a positive manner regarding results, patient referrals, and accelerated healing.

May I wish you a healthy and joyful 1991.



CV 1 Midway between the anus and the scrotum or posterior commissure of the vulva. Emergency drowning point after CPR has failed, mental or spiritual problems.

CV 3 Four human inches below the umbilicus. Bladder alarm point, muscle and joint problems, also check ST 3, GB 13, and GB 22.

Palace of the Child: Three human inches bilateral to CV 3. Treat with "Sperm Palace" for infertility.

CV 4 Three human inches below the umbilicus. Small intestine alarm point.

CV 5 Two human inches below the umbilicus. Triple heater alarm point, lower burner.

CV 8 The center of the umbilicus. "Shrine of God," powerful point for children's disorders.

CV 12 Four human inches above the umbilicus, or between the umbilicus and the costophrenic angle. Stomach alarm point, middle burner, check every visit, stimulate if sore.

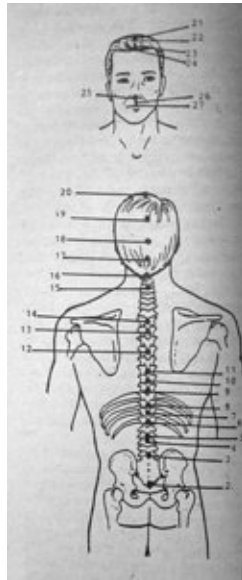
CV 14 One human inch below the xiphoid process and six human inches above the umbilicus. Heart alarm point, heart disease, hiatal hernia.

CV 15 Along the median line, below the xiphoid process.

CV 17 Level with the 4th intercostal space and midway between the nipples, two human inches above the xiphoid process. Pericardium alarm point, anti-smoking point, respiratory problems, upper burner.

CV 22 Middle of the depression above the suprasternal notch. Main thyroid point.

CV 24 Middle of the mentolabial sulcus. "Water Ditch," drooling, facial involvement.



GV 1 Between the tip of the coccyx and the anus.

GV 2 In the middle of the sacral hiatus. Polarity point.

GV 4 Below the spinous process of the 2nd lumbar vertebra. Adrenal command point, multiple sclerosis, low back pain.

Sperm Palace: Three finger breadths bilateral to GV 4. Most effective point for male or female infertility, treat with "Palace of the Child."

GV 7 Below the spinous process of the 10th thoracic vertebra. MEI HUA, famous acupuncturist who treated GV 7, then spine at level of involvement.

GV 14 Between the spinous process of the 7th cervical vertebra and that of the 1st thoracic vertebra. "Big Bump," Five Star Point, connects with many meridians, treat every visit with ST 12.

GV 16 One human inch above the middle of the natural line of the hair at the back of the head, in the depression below the occipital protuberance. Occipital cephalalgia, memory problems, use with GB 20 for neck pain and occipital headache, relaxes the body in general, said to enhance psychic awareness.

GV 20 Five human inches from the middle of the natural line of the hair at the top of the head, in line with the ears. BEI HUA "One Hundred Meeting Places" or "Cure of 100 Diseases," point for hemorrhoids, use caution with teishin, may cause blackout.

GV 23 One human inch above the middle of the natural line of the hair on the forehead. Opens closed sinuses immediately.

Yintang "Seal Palace": Directly in the middle of the forehead, between the eyebrows. Frontal headache, "Third eye" in psychic awareness.

GV 25 The tip of the nose. Increase lung vital capacity, sober a drunk (may cause nausea).

GV 26 The tip of the philtrum. Emergency point for fainting or shock, Chinese use for high fever.

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