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Homeopathic Detoxification

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Most doctors of chiropractic understand and maintain their confidence in the manifestation of innate, which produces the healing stimulus in their patient. It is evident in practice that all healing is the result of innate. The doctor prepares the ground, so to speak, for the re-establishment of the flow of innate throughout the organism.

Over the years, many chiropractors have distanced themselves from the basic chiropractic philosophy which involves innate. This principle has been sacrificed in the pursuit of "scientific" acceptance. Innate is considered "unscientific," mainly because it cannot be measured or quantified. The acceptance, or nonacceptance, of innate in healing does not negate the existence and activity of innate.

Homeopathy as a healing modality relies upon the correct flow of the vital force. As the vital force and innate are synonymous, we are able to experience the unifying factor of the healing force.

Schafer and Faye¹ state, "Case management includes the application of a primary method plus all ancillary procedures incorporated to achieve the clinical objective. These ancillary procedures often include such procedures as physiotherapeutic modalities, heat, cold, nutritional supplements, diet control, therapeutic exercise, meridian therapy, biofeedback, psychotherapy or other counseling, or other forms of justifiable therapy in the most efficient manner."

The chiropractic adjustment is the basic tenet of chiropractic treatment. However, often we find that other modalities, when justifiable, should and must be used by the practitioner who is endeavoring to bring together the total health needs of his patients.

The study of the toxic effects in the organism is relative to the hypo or hyper function of the vital force. The chiropractic adjustment initiates the freeing of toxins imprisoned by the subluxation. The freeing of toxins into the blood stream removes the blockage, enabling the vital force to prepare the body for a return to

health.

Once these toxins are released into the blood stream, it is anticipated that the lymphatic movement will eventually remove the wastes. This will only occur if the lymphatic system is not congested with toxic effects from other sources.

Complete detoxification is achieved through the supportive use of homeopathic medicines and chiropractic procedures. Internal drainage supports the chiropractic adjustment, achieving faster and thorough healing of the patient.

Detoxification Principles:

Dr. E.A. Maury, in *Drainage and Homeopathy*² classified toxins under three major headings: Exogenous, Endogenous and Autogenous.

Exogenous Toxins:

This form of toxic effect in the body is caused by external agents such as drugs, alcohol, tobacco and coffee, as well as the present day environmental poisons.

Endogenous Toxins:

These are found in patients and are associated with tuberculosis, syphilis and other disease states.

Autogenous Toxins:

These result from hereditary factors such as the psora of Hahnemann.

The overall toxic effects manifesting in the human body result from incorrect living habits. We usually think of toxins building up from the lack of correct nutrition as experienced in many Third World countries. This is quite correct; however, the so called "middle classes" in Western society induce an extreme toxic build-up in their bodies through a constantly stressed lifestyle. In fact, no section of the human race is free from this toxic build-up which blocks the flow of the vital force, ending in poor health.

Dr. Hans-Heinrich Reckeweg, in his paper "Scientific Basis of Biological and Homeopathic Therapy,"³ classified exogenous and endogenous toxins under one heading which he termed "Homotoxins." He considered that illness related to the flow system of von Bertalanffy and stated, "The organism is a flow

system. Substances that flow in food, etc., react with the organs and tissues of the flow system, and are themselves changed in the process and finally leave the system. Compatible substances do not cause any disturbance in the flow balance. Toxic substances (homotoxins) release defensive mechanisms against themselves. These reactions against homotoxins we call illness."⁴

According to homotoxicology, inflammation is a process of drainage of homotoxins. Reckeweg reinforces the homeopathic concept of "similars" when he states that the symptoms of disease "call for help," such help is the homeopathic medicines, which correspond with the symptom complex similar to the respective disease syndrome. Homeopathic medicines function as antitoxins.

The Lymphatic System:

The flow of lymph in the body is necessary to remove excess wastes or toxic materials from the blood as well as recirculate nutrients and proteins back into the blood stream. When there is a build-up of toxic wastes in the system, whether exogenous, endogenous or autogenous in nature, we begin to observe a swelling in the lymph nodules. These nodules are more easily palpable in young children than adults.

Drainage procedures of the lymphatic system may vary from practitioner to practitioner depending on the modality so practiced.

The chiropractor usually proceeds with the physical method of drainage followed by the chiropractic adjustment to the specific vertebral segment. The naturopath may create changes in the diet, followed by fasting. Homeopaths utilize specific low potency remedies to drain the organ or tissues involved, preparing the body for the administration of specific follow-up remedies which unblock the disturbed flow of the vital force.

Toxic conditions are caused through various indiscretions. One of the major causes is indiscriminate drugging, either by OTC (over-the-counter) drugs or by the frequent use of medically prescribed drugs for minor illnesses. These drugs tend to build up in the tissues over a long period of time producing toxic drug-related conditions.

The major problem for the homeopath when this occurs is to determine the "similar" medicine required by the patient. He is now faced with a major problem. First he must uncover the initial cause, that is, the reason why the patient originally started taking the drugs. Secondly, he must attempt to establish the symptoms that are caused by the excessive use of the drugs themselves!

Thus, today's patients often present a cloudy picture for the correct analysis of their disease state. Such problems encountered by the masking of the original problem has led the physician to utilize the homeopathic practice of drainage, in order that the body will be prepared for further diagnosis and treatment. In other words, we must employ specific drainage remedies to clear out those symptoms produced by the drugging in order to return to the original cause of the illness affecting the body generally.

There are many other habits of the patient which tend to submerge the original condition. These include drugs, coffee, tea, alcohol, and tobacco in excess. Psychic shocks such as worry and anxiety, etc., all have their toxic effects on the organs and tissues generally. Viral infections and environmental poisons all have a similar outcome of altering the symptom pattern of the patient.

Therefore in all instances, we must first attempt to drain the excessive toxic build-up out of the system and then treat the original cause.

When considering drainage treatment with homeopathy, or, for that matter, any modality, we must concentrate our efforts to find those organs of elimination affected, as well as the specific endocrine dysfunction.

The major organs of elimination in the human body are the skin, liver, kidneys, and intestines. Major endocrine areas are the adrenals, pancreas, gonads, thyroid and pituitary glands.

The Need for Drainage:

The process of organ, tissue, or glandular drainage protects the patient from aggravation to the system by freed toxins which may be the result of the administration of a high potency homeopathic remedy.

If the patient is just administrated a remedy in high potency which is the similar for the disease state, and has not been treated with specific drainage procedures, these freed toxins will cause uncontrolled medical aggravations to the system.

In other words, if we first employ the use of drainage remedies to treat the organs of elimination or the endocrine glands, then the specific remedy prescribed, following this, accelerates the healing effect.

Most drainage remedies for specific organs and glands are correctly formulated as homeopathic complex remedies. Treatment with these type of formulae are safe and effective in general treatment. I have seen over

many years the applied use of homeopathic complex specifics in conjunction with chiropractic adjustments create dramatic changes to the patient's condition.

Analyzing the Toxic Organs and Glands:

For the doctor practicing natural therapeutics, it is vitally important that our analysis of the case be accurate. If we believe that our system of treatment is correct, then it behooves us to produce the best results for our patients. We realize that when a patient feels free of pain or symptoms, they are brainwashed by the established medical paradigm to believe that they are cured. Some months later they have a return of symptoms, and they are told that they have another virus or something, when, in fact, they were never cured of the original problem. The drugs pushed the toxins deeper into the system, masking the original problem.

The analysis program of homeopathy and ionization principles provides a full insight into the toxic areas of the system generally.

In a previous paper titled "Homeopathy and Ionization -- The Winning Combination,"⁵ I outlined the basic theory of this system. To extend this concept further, I will show how the toxic effects of incorrect protein metabolism are analyzed by the test equation.

Protein Wastes:

When studying the pH of the digestive tract, we are able to ascertain the degree of alkalinity or acidity present. Movement toward alkaline states or acid states creates major problems in the digestive process.

High alkaline states indicate a condition that has been described as slow oxidization. Food is not readily broken down, especially protein. These wastes are quite toxic to the system. In fact, undigested protein elements are reactive to the system -- they are termed allergens.

Nutritionally speaking, it has been found that degenerative diseases such as heart problems, cancer, and arthritis result from imperfect protein metabolism; that is, the body fails to digest and metabolize proteins that are eaten. It is also well-documented that degenerative diseases are related to immune deficiencies.

The immune system weakens in an alkaline environment. This is mainly due to the inability of the body to absorb oil soluble vitamins and specific minerals.

"The inability of the body, especially the pancreas, to be able to break down protein, as well as foreign protein, initiates stress on the liver and kidneys. When we analyze the two urea numbers of the test, we are able to gauge the further stresses being placed on the internal environment of the patient.

"The pancreas affects the health and well being of the body in ways other than maintaining the insulin level and blood sugar breakdown. The actual breakdown of protein from the diet, as well as those airborne proteins, are dependent upon specific enzymes produced by the pancreas. These are termed Pancreatic Protein Metabolism Enzymes (PPME).

"Utilizing the test equation, we are able to measure the pancreatic function through analysis and comparison of the sugar and saliva numbers. However, further comparison must be made with the urea numbers. The ureas are cationic and anionic, and reflect the level of undigested protein in the body.

"The higher these ureas rise, the greater the stress on the overall system, and the greater the toxic level involved. The higher the toxicity, the greater the generation."⁶

The higher the protein wastes present, the greater the build-up of toxic levels in the system. The undigested protein build-up is not restricted to meat eaters. Vegetarians also show high levels of undigested vegetable protein wastes building up to toxic levels. This is basically attributable to the level of the urine pH.

The homeopathic ionization system of analysis designates the specific areas of treatment. We are directed straight to those areas which need immediate attention in the process of detoxification.

Chiropractic and homeopathy share a cooperative status in the overall health requirements of today's patients. By correct analysis, we are able to direct homeopathic treatment to the required area of the body, and then recheck for the spinal subluxation and initiate the chiropractic adjustment.

As well as these procedures, we are able to tailor the specific nutritional requirement for the individual and not unnecessarily supplement the patient. Correct nutrients must be supplied daily from good food and pure water. The body must be at that status of function to enable it to accept the required nutrients. From this point on, we are rebuilding a more healthy society for all to live and enjoy.

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